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SPORTS

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TV LISTINGS

Friday, Oct. 23

AUTO RACING

8:30 a.m. — NASCAR, Sprint Cup, practice for Tums Fast Relief 500, at Martinsville, Va. (SPEED)

10 a.m. — NASCAR, Truck Series, practice for Kroger 200, at Martinsville, Va. (SPEED)

Noon — NASCAR, Sprint Cup, pole qualifying for Tums Fast Relief 500, at Martinsville, Va. (ESPN2)

1:30 p.m. — NASCAR, Nationwide Series, final practice for Kroger on Track for the Cure 250, at Memphis, Tenn. (ESPN2)

COLLEGE FOOTBALL

5 p.m. — Rutgers at Army (ESPN2)

GOLF

6 a.m. — European PGA Tour, Castello Masters, second round, at Castellon, Spain (TGC)

11 a.m. — Nationwide Tour Championship, second round, at Charleston, S.C. (TGC)

2 p.m. — PGA Tour, Frys.com Open, second round, at Scottsdale (TGC)

4:30 p.m. — Champions Tour, AT&T Championship, first round, at San Antonio (TGC)

NBA BASKETBALL

5 p.m. — Preseason, Atlanta at Orlando (ESPN)

7:30 p.m. — Preseason, Denver vs. L.A. Lakers, at San Diego (ESPN)

Schedule subject to change and/or blackout.

PREPS

Today

Football

Havasu vs. Yuma Cibola; at LHHS — 7 p.m.

Parker at Wickenburg — 7 p.m.
Telesis at Yuma Harvest Prep — 7 p.m.

Golf

Havasu boys at Gila Valley Regionals; The Courses at London Bridge Golf Club, LHC — 8 a.m.
Havasu girls at Gila Valley Regionals; The Courses at London Bridge Golf Club, LHC — 8 a.m.

Saturday

Volleyball

Parker vs. TBA, 3A West Regionals; at PHS — 5 p.m.

INSIDE TODAY



NHL

Coyotes too much for Red Wings

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QUICK READ

BOLDIN WORKS OUT ON SIDE, MIGHT PRACTICE FRIDAY

TEMPE (AP) — Anquan Boldin did not practice again on Thursday because of a sprained right ankle, but the Arizona wide receiver did go through some work with a trainer on the sideline.

Coach Ken Whisenhunt says Boldin was able to do "a lot more" than he did on Wednesday, including some jogging, and there's a chance the three-time Pro Bowler could participate in practice on Friday.

Boldin was hurt in the second quarter of Sunday's 27-3 victory at Seattle. He returned to play in the third quarter, then left the game for good with Arizona comfortably ahead.

The Cardinals play at the New York Giants on Sunday night.

D'BACKS PROSPECT PARKER TO HAVE TOMMY JOHN SURGERY

PHOENIX (AP) — Arizona Diamondbacks pitching prospect Jarrod Parker will have Tommy John surgery on his right elbow on Oct. 28.

The team said in a statement that the surgery will be performed by Dr. James Andrews in Birmingham, Ala.

The 20-year-old Parker, Arizona's first-round pick in 2007, had been a candidate to join the Diamondbacks' rotation in 2010. The club did not say when it expected him to pitch again.

PREP VOLLEYBALL

Lady Broncs sweep 7th foe in a row

By DAVID BELL
TODAY'S NEWS-HERALD

PARKER — The Lady Broncs ended the regular season the same way they started, with a home sweep.

Parker defeated 3A West region rival River Valley 25-7, 25-21, 25-13.

It was Parker's seventh win in a row and all by three-game sweeps.

"We've been working on a lot of mental things," said Parker head coach Marie Maya. "I think we had more of a connection as a team this match."

Parker (15-1, 4-1) cruised to the first game win thanks to the hitting of Liz Prieto on the left and Alicia Alford on the right.

But in game 2 River Valley (11-6, 2-2) came alive, as setter Aijah Gillespie was able to get the ball to outside hitter Jessica Hinkle. At the service line it was Lady Dust Devils' Hayley Page that rattled off four in a row to give River Valley its first lead of the match at 10-7.

But Parker came right back thanks to Jessica Saucedo's work serving to tie the game again. The teams traded points until, tied at 21-21, Parker Libero Amber Swick served out to get the narrow 25-21 win.

Game 3 was all Parker as the Lady Broncs shot out to an 16-6 lead, thanks again to Saucedo's work at the service line.

She had three aces in a row during the run.

River Valley's Danielle Harms had a block to force the side out and teammate Elizabeth Estes served four straight to narrow the Parker lead.

But once the serve traded sides, that was just about the end.

Parker's Autumn Gariby rattled off six straight serves and Prieto added three kills to nail down the 25-13 win.

"It's hard to play the schedule we do then come here to Parker where we know they're going to be so tough," said River Valley head coach Brian Crabtree. "We know that we're capable of playing better, like we did in that second game."

Prieto led the Lady Broncs with 14 kills, followed by Gariby and Alford with five each. Hitting statistics for the Lady Dust Devils were not available.

Both teams open region play Saturday with home matches. River Valley takes on Wickenburg at 4 p.m. while Parker will face an opponent to be named at 5 p.m.

You may contact the reporter at dbell@havasunews.com.



David Bell/News-Herald Photo

Parker middle hitter Alicia Cruz (1) gets the kill over River Valley's Sierra McDevitt (18) during the regular season finale for both teams in Parker Thursday. The Lady Broncs won, 25-7, 25-21, 25-13.

SPECIAL OLYMPICS

Havasu's Rocha wins gold at state games

SPECIAL TO NEWS-HERALD

Lake Havasu City's Peter Rocha was the top golfer in the state following his gold medal performance at the 34th Special Olympics Arizona 2009 Fall Games.

Rocha shot a 45 on the first nine at the Vital Golf Course and followed up with 42 on the back nine. This total of 16-over 87 gave him the win.

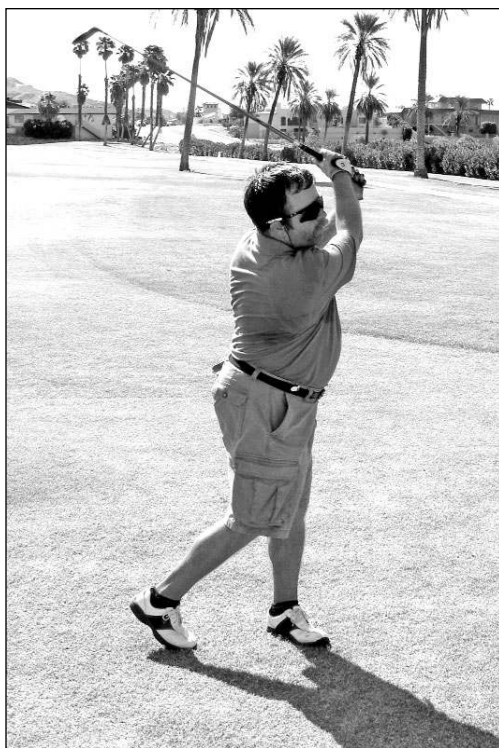
In August, Rocha played at the Annual Northern Arizona Regional Golf Tournament on the Verde Santa Fe Golf Course in Cornville. At that event he lost his first place standing by just one stroke to David Walker from Rainbow Acres (Camp Verde). In that 9-hole heat, he was 15-over in the 9-hole competition.

This time, Rocha completed the first nine with Walker in his top division and the three in the next division all scoring 45. In the final nine holes, however, the other four fell back on their scores, with all of them finishing over 100.

A total of 26 Lake Havasu City and Parker athletes, coaches and chaperones traveled to venues in the West and South Phoenix areas for the two days of competition. Over 1,100 athletes from 62 teams around the state participated in this annual event, including teams from Kingman and Bullhead City.

The largest contingent from Lake Havasu City was the softball team, under head coach Ronda Standsberry. The Blazers played two games each on Friday and Saturday at the Surprise Farms Community Softball Complex in Surprise. In the Friday preliminaries the Blazers dropped both games, but came back on Saturday to defeat Prescott Bradshaw Mountain 11-10. In Saturday's gold medal game, Havasu lost to the Kingman Tigers, 17-10. Giving the Blazers the silver medal.

At the Surprise Aquatic Center, Kathy Glascock was the first Havasu Sharks swimmer to take a gold, doing so in the 50m butterfly. Another gold was won by Brian Rhoten, Parker in the 25m backstroke.



The Sharks also were awarded six silver and three bronze medals over the two days of competition. Silver medals went to Tessa Rager and Heidi Rahnefeld in the 50m freestyle, Belinda Goode in 25m butterfly, Keith Holbrook, of Parker, in 50m backstroke, and Christina Whitehead and Michael Carton in 50m breaststroke.

Bronze medals were awarded to Whitehead, Biddlecome, and Brian Smith. Kenny Hawthorne also participated in swimming.

Competing at the R.H. Johnson Recreation Center Sun Dial Bocce Club in Sun City West, Havasu's Shane Philo and B.J. Dye won the gold medal in doubles bocce play.

The other doubles bocce team was composed of Sherrie Fisher and Dempsey Nail. They lost all three games, but were awarded silver because of their total scores.



Submitted photos courtesy of Don Bergen

At left, Lake Havasu City's Peter Rocha tees off during play at the Arizona State Special Olympics Games last weekend. Rocha was state's top golfer, with an 18-hole round score of 87. Above, Parker's Brian Rhoten comes up for air during his gold medal swim in the 25m backstroke at the state games.

"In watching each player, I could see that they had all paid close attention to the many weeks of training. They all performed to their highest ability," said bocce head coach Don Bergen.

Special Olympics is for persons ages eight and up with mental retardation and closely related intellectual disabilities.

Lake Havasu Special Olympics offers a year-round program involving 10 different sports. Volunteers are very much needed, working with the athletes, telephoning, chaperoning, and with paper work.

The new season begins with basketball in early November, under head coaches Wayne Malone and Jim Bradford. Cheerleading will also begin in November at Lake Havasu High School with coach Beck Bushnell.

For further information about LHC Special Olympics, a United Way Agency, call Head of Delegation Chris Bergen at 680-0052.

PREP FOOTBALL

Knights ready for final homecoming

By DAVID BELL
TODAY'S NEWS-HERALD

Friday isn't just homecoming for the Fighting Knights. It's the team's fifth homecoming game of the year.

The Lake Havasu High School varsity football team has been the visiting opponent for four homecoming games this season but tonight marks the only one that matters — Havasu's homecoming.

"Region games, the fifth homecoming, the Golden Shovel (rivalry game with Bullhead City Mohave), they were all intense," said Havasu head coach Karl Thompson. "The good thing is finally we're back at home and finish the season here. No more bus trips."

The Knights (4-4, 1-2) face the Yuma Cibola Raiders (3-4, 2-0) who are coming off a 42-20 win over Yuma last week.

"Cibola has a real tough defense and their offense is on track," Thompson said. "Their quarterback makes good decisions and they have a real solid running back."



David Bell/News-Herald Photo

Havasu quarterback Paul Lake (2) fakes the hand off and rolls out to pass during Fighting Knights practice Thursday. The Knights play host to Yuma Cibola in tonight's homecoming game.

In the Yuma game, quarterback Dylan Arviso was 5-of-9 for 1865 yards and one touchdown. Running back Roy Thompson had 29 carries for 303 yards while Blake Brazeel ran six times for 105

yards.

Meanwhile Havasu is coming off a narrow loss to Yuma Kofa, 20-14 that also saw the loss of the team's leading rusher for at least one game.

Blake Garcia went down with dislocated elbow in the first period. Pending medical clearance, he could be back for the Oct. 30 game against Yuma Gila Ridge.

"We have guys that are able to step up. We have Max Delia, who has shown he's a very patient runner that uses his blocking well. And he can snap one off when he has the opening," Thompson said. "We have Javaree (Thompson) who has speed. And we've brought up Mitchell Wegner from the JV for reserve."

Delia ran for 78 yards in the loss to Kofa while quarterback Doug Greene rushed for 118 yards and one touchdown. Greene also went 5-of-14 in passing for 53 yards and one touchdown to Chad Hertz. He also tossed two interceptions.

"It's consistency. We know what we should do, we're just not doing it all the time," Thompson said. "We were there to win the game? Yes. Did we make the mistakes to lose the game? Yes. But we're playing competitively."

You may contact the reporter at dbell@havasunews.com.